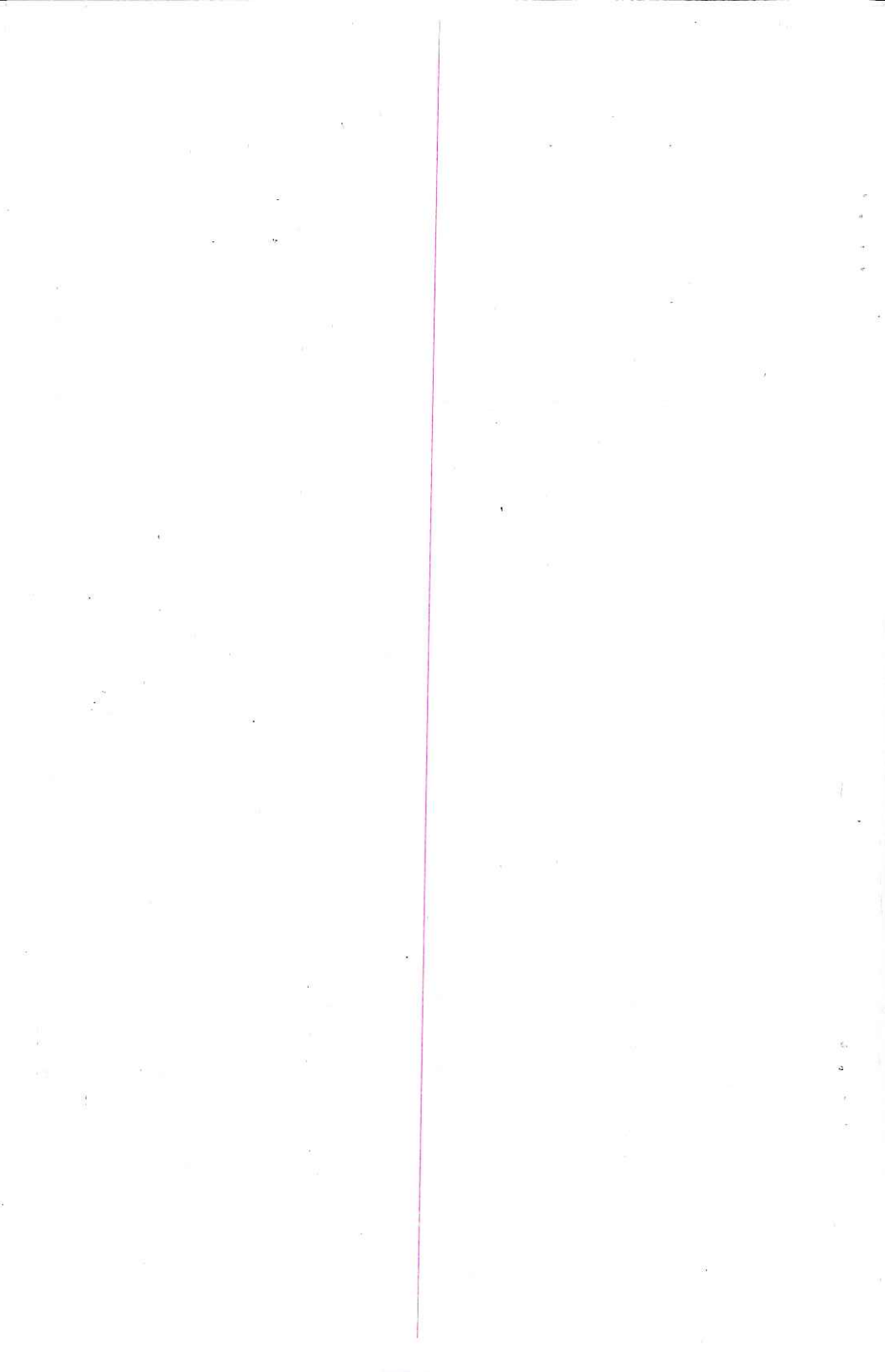




Mid-State Regional Ride Resource Directory



www.midstatercc.org

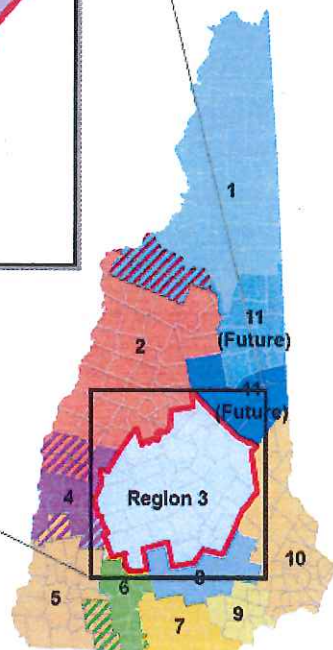
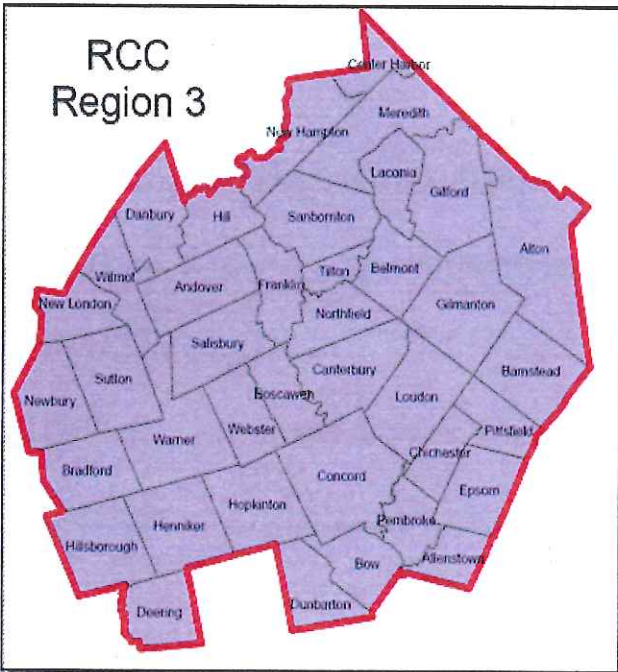
April 2014

Community Transportation Services in Belknap County & portions of Hillsborough & Merrimack Counties

This directory lists community transportation services in Belknap County and portions of Hillsborough and Merrimack Counties. The goal of this directory is to connect people to the transportation resources that already exist in their community. Services included in this directory are:

- Private and Publicly-Funded Bus Services
- Taxis & Private, For-Hire Services
- Medical Transportation Services
- Client transportation programs of agencies that serve persons with disabilities
- Client transportation programs of other human service agencies
- Transportation operated by nursing homes for their residents

RCC Region 3



Central New Hampshire
Regional Planning Commission
20 Commerce and Street
Laconia, NH 03246
603.752.5000
centralnh.org



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***IN A MEDICAL EMERGENCY
CALL 911 FOR ASSISTANCE***

PROVIDER NAME	SERVICE AREA	TRANSPORTATION SERVICES SERVICE DESCRIPTION	CONTACT INFO	FEES & FARES
ADA Paratransit - Concord Area Transit (CAT)	Concord	For eligible individuals with disabilities in concord within 3/4 of a mile of the CAT fixed route. Application required. Mon- day – Friday 6:00 am to 6:30 pm. www.concordareatransit.org	Mobility Manager- CAT Main office (603) 225-3295	\$2.50 one way
American Cancer Society	Statewide	Rides to and from cancer treatment us- ing a network of volunteer drivers. www.cancer.org	Allyson Foor 1-800-227-2345	None Required
American Red Cross NH West Chapter	Eastern Monadnock & Cheshire Counties	On call and scheduled transportation provided by volunteers.	Gary Welch 603-352-3210 x120	None
Angel Flight	Northeastern U.S.	Based on financial need. Air and medical transportation.	978-794-6868	None
Belknap County Nursing Home	For Residents Only	For Belknap County Nursing Home Residents.	603-527-5410	

PROVIDER NAME	SERVICE AREA	TRANSPORTATION SERVICES SERVICE DESCRIPTION	CONTACT INFO	FEES & FARES
Belmont Senior Center - CAP-BMCI	Belmont, Canterbury, Gilmanston	Serves people 60 years and older Wednesdays 9:30 am – 2:30 pm.	603-267-9867	\$1.00 suggested donation
Blue Loon Bus, Carroll County Transit	West Ossipee to Laconia	Monday- Friday, Wheelchair accessible. http://www.tccap.org/nct_cct.htm	1-866-752-6890	\$2.00 each way
Bradford-Mnt View Senior Center - CAPBMCI	Bradford, Contoocook, Henniker, Hopkinton, Newbury, New London, Sutton, Warner, Webster	Serves people 60 years and older. Monday thru Friday 8:30 am – 1:00 pm.	603-938-2104	\$1.00 suggested donation
Bristol—Newfound Senior Services	Alexandria, Bristol, Bridgewater	Medical appointments have priority for transportation arrangements followed by nutritional and social, Monday & Tuesday 9:00 am to 3:00 pm, Thursday & Friday 10:00 am to 7:00 pm.	Diane Devine 603-744-8395	Donations accepted
British Charitable Society	New England	For British citizens holding a passport from the UK or their dependencies who has an illness or has been in an accident. www.britcharity.org	888-808-4895 617-241-2278	

PROVIDER NAME	SERVICE AREA	TRANSPORTATION SERVICES SERVICE DESCRIPTION	CONTACT INFO	FEES & FARES
Caregivers of Southern Carroll Cty. & Vicinity	Alton, Wolfeboro, Tuftonboro	Volunteer Transportation Service. Anyone needing a ride for medical appointments only.	(603) 569-6780	Donations accepted
CarePlus	New Hampshire	Medical transportation and support Services. www.careplus.org	1-800-899-8331 603-424-8910	Fee for Service, varies
Caring Hands Assisting Tilton	Tilton	Senior citizens or people with disabilities in need of transportation.	(603) 286-4521 ext. 100	Donations Accepted
Kearsage Council on Aging—Chapin Senior Center	Andover, Danbury, Grantham, Newbury, New London, Springfield, Sunapee, Sutton, Wilmont	Serves people over 55 or with disabilities. Door to door. www.kearsagecoa.com	603-526-6368	Donations Accepted
Community Action Program Belknap -Merrimack Counties, Inc. (CAPBMCI)-RTS	Belknap and Merrimack Counties	Demand Response senior over 60. www.bm-cap.org/transportation.html	Pam Jolivet 603-225-3295	\$1.00 Suggested donation

PROVIDER NAME	SERVICE AREA	TRANSPORTATION SERVICES SERVICE DESCRIPTION	CONTACT INFO	FEES & FARES
Community Bridges Inc.	Greater Merrimack County and Central NH	Volunteer, disability related transportation. www.communitybridgesnh.org	603-225-4153	
Community Connect	Concord and surrounding towns	Links people with skills, time and the desire to help with community members that could use a hand with day-to-day activities. http://communityconnect.us/	(603) 491-9463 av- ram.niebling@g mail.com	\$20.00 per hour
Concord Area Transit (CAT)	Concord and Penacook	Fixed route & demand response, wheelchair accessible, Monday-Friday 6:00 am to 6:30 pm and weekends via special arrangements. www.path-nh.org/Transit_CAT.html	James Sudak 603-225-1989	Seniors \$.50 Adults \$1.25
Concord Coach Lines	Concord - Salem - North Londonderry - Boston	General Public, transportation upon res- ervation. www.concordcoachlines.com info@concordcoachlines.com	800-464-7731	Fares and charges vary by destination
Concord Peer Support	Concord	Transportation for peer group members and to peer group meetings	Kimberly Drysdale 603-224-0083	

PROVIDER NAME	SERVICE AREA	TRANSPORTATION SERVICES SERVICE DESCRIPTION	CONTACT INFO	FEES & FARES
Concord Senior Transit (CST)	Concord, Bow, Pembroke, Boscawen, Penabrook	For Seniors 60+ Monday – Friday 7:30 am to 3:30 pm. www.concordareatransit.org	CAT Main office (603) 225-1989	\$1.00 one way
Dial a Ride	Hopkinton & Contoocook	Offered to senior residents of Hopkinton and Contoocook.	Cathy Rothwell 603-746-4357	None Required
Disabled American Veterans	Varies, call for details	Monday -Friday 5 am to 2 pm. www.dav.org	603-624-4366 x 6427 Michael Lareau	None Required
Easter Seal Society of NH	Manchester	Services for individuals with disabilities and the elderly. Wheelchair accessible. www.NH.easterseals.com	603-524-8552 603-668-8603	Fares and charges vary by destination
Forest View Assisted Living	Meredith	Transportation for residents. www.forestviewmanor.com	Bonny 603-279-3121	
TRIP-Franklin Senior Center - CAPBMCI	Franklin, Tilton, Danbury, Northfield, Sanbornton, Salisbury, Andover, Hill	Serves people 60 years and older. Tuesdays and Wednesdays 9:00 am – 2:30 pm.	603-934-4151	\$1.00 suggested donation

PROVIDER NAME	SERVICE AREA	TRANSPORTATION SERVICES SERVICE DESCRIPTION	CONTACT IN- FO	FEES & FARES
The Friends Program - RSVP	Merrimack County	Volunteer essential transportation services for 60+ rsvp@friendsprogram.org	603-228-1193 Ext. 238 or 214	Donations accepted
Genesis Nursing Home	Concord, Laconia, Franklin	Transportation for residents www.genesishcc.com	Katie Miller 603-524-3340	Charges vary by destination
Granite State Independent Living	Statewide	Persons with disabilities when public transportation is unavailable. Wheelchair accessible. Door to door. www.gsil.org	800-826-3700	Fee-for service. Reimbursement for qualified beneficiaries
Greyhound	Regional and National	Inter-city Coach Transportation, individuals with disabilities served with 48 hours notice. www.greyhound.com	802-295-3011 800-752-4841	Varies by destination
Havenwood Herit- age Height	Concord	Transportation for residents. www.hhinfo.com	Carol Downer 603-225-6999	
Hopkinton Dial-A- Ride	Hopkinton & Contoocook	Seniors.	(603) 746- 4357	None

PROVIDER NAME	SERVICE AREA	TRANSPORTATION SERVICES SERVICE DESCRIPTION	CONTACT INFO	FEES & FARES
Interlakes Community Caregivers, Inc.	Center Harbor, Meredith, Moultonborough, Sandwich	Residents in need of support through transportation, must be registered.	(603) 253-9100	Donations accepted
Inter-Lakes Senior Center -CAPBMCI	Center Harbor, Meredith, New Hampton	Serves people 60 years and older. Monday thru Friday 8:30 am – 1:00 pm.	603-279-5631	\$1.00 suggested donation
John O. Cate Memorial Van	Loudon	For Loudon residents in need of transportation to a facility in the Concord area.	603-783-9502	Donations accepted
Kearsarge Council on Aging	Andover, Danbury, Grantham, Newbury, New London, Springfield, Sunapee, Sutton, Willmont	Over 55 Ambulatory.	(603) 526-6368	None
Laconia Senior Center - CAP	Belmont, Gilford, Gilmanton, Laconia	Serves people 60 years and older. Monday thru Friday 8:00 am – 3:00 pm.	603-524-7689	\$1.00 suggested donation

PROVIDER NAME	SERVICE AREA	TRANSPORTATION SERVICES SERVICE DESCRIPTION	CONTACT INFO	FEES & FARES
Lakes Region Community Services	Lakes Region	Service provided to individuals living with developmental disabilities or acquired brain disorders and their families.	(603) 524-8811 info@lrccs.org	
Lakes Region General Hospital	Lakes Region	Transportation for patients. www.lrhgh.org	Gloria Soarington 603-524-3211	
Lutheran In-Home Care	Statewide	Personal transportation.	Laura Thomas 603-410-3333	\$22/hour plus \$.042/ mile
Manchester Transit Authority	Concord- Manchester	Fixed route, Manchester to Concord and back. Monday thru Friday. http://www.mtabus.org/	(603) 623-8801 info@mtabus.org	Adults \$4, Senior Citizens and Disabled \$2
Med Coach	Nationwide	Med Coach is a luxury coach for long distance patient transfer or travel with a medical companion such as a nurse or caregiver. Www.usamedcoach.com	1-800-311-3412	Varies by destination and services required
Medicaid Transportation	NH	For individuals enrolled in Medicaid	603-271-3770 800-852-3345	

PROVIDER NAME	SERVICE AREA	TRANSPORTATION SERVICES SERVICE DESCRIPTION	CONTACT INFO	FEES & FARES
NH Association for the Blind	Statewide	Transportation for clients of the agency.	603-224-4039 800-464-3075	None
NH Rideshare	NH	Free commuter matching service finding alternative ways for commuters to travel to work.		None
NH Veterans Home	Statewide	Must be a resident of NH Veterans Home. www.nh.gov/veterans	Barry Conway 603-527-4400	None
North Country Medi-Van	NH, VT, ME, and MA	Medical and non-medical transport for disabled individuals. Services available 24-hours, 7 days per week. Local and long distance services, wheelchair acces- sible.	Cell: 603-838-2266 603-728-5053	Rate is \$2/mile. Sliding scale and contract rates available
Peabody Home	Franklin, Tilton, Danbury, Northfield, Sanbornton, Salisbury, Andover, Hill	Must be a resident of Peabody Home. www.peabodyhome.com	Meg Miller 603-934-3718	None

PROVIDER NAME	SERVICE AREA	TRANSPORTATION SERVICES SERVICE DESCRIPTION	CONTACT INFO	FEES & FARES
Pittsfield Senior Center - CAP	Allenstown, Alton, Barnstead, Chichester, Epsom, Pittsfield, Suncook	Serves people 60 years and older. Monday thru Wednesday 8:15 am – 1:00 pm.	603-435-8482	\$1.00 suggested donation
Presidential Oaks	Concord	Transportation for residents. www.presidentialoaks.org	603-225-6644 800-678-1333	
Ride-Away Handicap Equipment Corp.	11 locations throughout East Coast	Van Rentals. www.ride-away.com	603-437-4444 1-877-659-9414	
Stewarts Ambulance Service	Lakes Region	Provides their patients with professional care and comfort 24 hours a day, 7 days a week. www.stewartsambulance.com	1-855-460-2700	
St. Francis Rehabilitation/ Nursing Center	Laconia	Transportation for patients. www.nh-cc.org/what-we-do/health-services/	Brenda Buttrick 603-524-0466 x 318	
St. Joseph Community Services, Inc.	Hillsborough County	Volunteer drivers for Individuals age 60 and older who are socially isolated due to lack of transportation.	Meghan Brady 603-424-9967	Donations accepted

PROVIDER NAME	SERVICE AREA	TRANSPORTATION SERVICES SERVICE DESCRIPTION	CONTACT INFO	FEES & FARES
Trilogy Wheelchair Transport, LLC	NH	Medical transport service company providing local medical transportation in NH.	Claude Bissonnette 603-656-9715	Fees vary by service
Volunteer Driver Program, Community Action Program, Belknap-Merrimack Counties, Inc.	Mid-State RCC Region—Belknap and Merrimack Counties and the towns of Deering and Hillsborough.	Individuals 60+ years of age with a disability.	(603) 225-1989	None
White Birch Community Center	Henniker	Offered to Henniker Residents 55 or Older Monday thru Friday 8:30 am to 5:30 pm. www.whitebirchcommunitycenter.org	603-428-3077	
Winnepesaukee Transit System (WTS)	Belmont, Franklin, Tilton, Laconia, Gilford	Flexible route bus with 11 timed stops along the route and demand response service within 1/4 mile of the route, Monday thru Friday 8:00 am to 5:00 pm. www.bm-cap.org/wts.htm	603-528-2496	\$0.50 for children and 60+, Age 12 to 60 (in town) \$1.00, Longer Trips (2 towns) \$2.00

PROVIDER NAME	SERVICE AREA	GENERAL PUBLIC TRANSPORTATION SERVICE DESCRIPTION	CONTACT INFO	FEES & FARES
Blue Loon Bus, Carroll County Transit	West Ossipee to Laconia	Monday- Friday, Wheelchair accessible.	1-866-752-6890	\$2.00 each way
Concord Area Transit (CAT)	Concord and Penacook	Fixed route & demand response, wheelchair accessible, Monday-Friday 6:00 am to 6:30 pm. www.concordareatransit.org	603-225-1989	Seniors \$.50 Adults \$1.25 NHTI Students free w/ valid ID
Concord Coach Lines	Concord - Salem - North Londonderry - Boston	General Public, wheelchair accessible transportation upon reservation. www.concordcoachlines.com info@concordcoachlines.com	1-800-639-3317 1-603-228-3300	Fares and charges vary by destination
Dartmouth Coach	Hanover, Lebanon, New London	Scheduled coach bus services to Boston, Logan Airport; and New York, NY. www.dartmouthcoach.com	1-800-637-0123 1-603-637-0123	Fares vary by destination. Children half price
Greyhound	National & Regional	Inter-city Coach Transportation for individuals with disabilities served with 48 hours notice. www.greyhound.com	1-800-231-2222 1-800-752-4841 for wheelchair service	Varies by destination

PROVIDER NAME	SERVICE AREA	GENERAL PUBLIC TRANSPORTATION SERVICE DESCRIPTION	CONTACT INFO	FEES & FARES
Lakes Region Airport Shuttle Services	Anywhere in the lakes region and beyond	24/7 Transportation to and from Concord, Manchester and Boston as well as special events. www.lrairportshuttle.com	888-386-8181 Becky Fisher 630-286-8181 info@lrstnh.com	Varies by destination
Manchester Transit Authority (MTA)	Concord- Manchester	Wheelchair accessible Fixed route, Manchester to Concord and back. Monday thru Saturday. http://www.mtabus.org/	(603) 623-8801 info@mtabus.org	Adults \$4, Senior Citizens and Disabled \$2
Ride-Away Handi- cap Equipment Corp.	12 locations throughout East Coast	Van Rentals and vehicle modifications. www.ride-awaynh.com	603-437-4444 1-877-659-9414	
Winnepesaukee Transit System (WTS)	Belmont, Franklin, Tilton, Laconia, Gilford	Flexible route bus with 11 timed stops along the route and demand response service within 1/4 mile of the route, Monday thru Friday 8:00 am to 5:00 pm. www.bm-cap.org/wts.htm	603-528-2496 1-800-294-2496	\$0.50 for children and 60+ , Age 12 to 60 (in town) \$1.00, Longer Trips (2 towns) \$2.00

PROVIDER NAME	SERVICE AREA	TAXI/CABS SERVICE DESCRIPTION	CONTACT INFO	FEES & FARES
AJ's Taxi	Meredith	Taxi Service. Mon-Sat 6am-6pm	603-393-6214	Charges Vary
Big Lake Taxi and Limousine Service	Lakes Region Based	Taxi service, Airport Service, special events charter. Www.biglaketaxiandlimo.com	603-875-3365	Charges vary
Canterbury Coach-Sedan Service	Statewide	Airport shuttle, special events charter, Www.canterburycoach.com	603-491-9665	Charges vary
Concord Cab Company	Greater Concord and Lakes Region	Taxi Service, Delivery Service, Medication pick up and delivery. Coordinated Transportation Solutions Medicaid Provider 24/7 service available	603-225-4222	Fare charges vary. Delivery charge of \$3.00 per delivery in addition to fare
Craig's Taxi	Laconia	Taxi Service	603-630-1799	Charges Vary
D & B Taxi & Courier Service LLC	East Coast and Eastern Canada	Taxi Service, Courier Service, Airport Shuttle, Special Events Charter Www.dandbtaxiandcourserservice.com	603-415-1150	Charges vary

PROVIDER NAME	SERVICE AREA	TAXI/CABS SERVICE DESCRIPTION	CONTACT INFO	FEES & FARES
Dave's Taxi	Laconia and Lakes Region	Taxi Service www.davestaxicab.com	603-455-8087	Charges Vary
Lakes Region Airport Shuttle Services	Anywhere in the lakes region and beyond	Transportation to and from Concord, Manchester and Boston as well as special events. www.lrairportshuttle.com	Becky Fisher 888-286-8181 info@lrairsh.com	Varies by destination
Maggie's Taxi	Laconia & Lakes Region	Local and Long Distance service.	603-528-3488	Charges vary by destination
				Charges vary by destination
Main St. Taxi	Greater Concord and Lakes Region	Taxi Service. Delivery Service. Accept Debit and Credit Cards 24/7	603-226-8888	Flat rates for local trips
Mr. C's Taxi	Belmont, Laconia and Lakes Region	Taxi Service. Medicaid approved provider for all three managed care brokers. Hours: 5am to 10pm. car@metrocast.com	Cindy Carrol 603-267-7134	Charges vary by destination
Pittsfield Taxi	Greater Concord & Pittsfield, Lakes Region	Taxi Service. Delivery Service 24/7	Fred Judd 603-435-7771	Charges vary by destination
Steven's Taxi	Laconia— Meredith Belknap	Taxi Service and Delivery Service	603-279-3437	Charges Vary

PROVIDER NAME	SERVICE AREA	NON-EMERGENCY MEDICAL TRANSPORT SERVICE DESCRIPTION	CONTACT INFO	FEES & FARES
American Cancer Society	Statewide	Rides to and from cancer treatment using a network of volunteer drivers operating their own vehicles. www.cancer.org	Allyson Foor 1-800-227-2345	None Required
American Red Cross NH West Chapter	Eastern Monadnock & Cheshire Counties	On call and scheduled transportation provided by volunteers.	Gary Welch 603-352-3210 x120	None
Angel Flight	Northeastern U.S.	Based on financial need. Air and medical transportation.	978-794-6868	
CarePlus	New Hampshire	Medical transportation and support services. www.careplus.org	Dispatch: 1-800 899-8331 Business: 603- 424- 8910	Fee for Service
Lakes Region General Hospital	Lakes Region	Transportation for patients. www.lrggh.org	Gloria Thorington 603-524-3211 EX: 2934	

PROVIDER NAME	SERVICE AREA	NON-EMERGENCY MEDICAL TRANSPORT SERVICE DESCRIPTION	CONTACT INFO	FEES & FARES
Med Coach	Nationwide	Med Coach is 24/7 a luxury coach for long distance patient transfer or travel with a medical companion such as a nurse or caregiver. www.usamedcoach.com	1-800-311-3412	Varies by destination and services required
Medicaid and Healthy Kids Gold Patient Transportation	NH	For individuals enrolled in Medicaid or Healthy Kids Gold.	603-271-3770 800-852-3345	
North Country Medi-Van	NH, VT, ME, and MA	Medical and non-medical transport for disabled individuals. Services available 24-hours, 7 days per week. Local and long distance services, wheelchair accessible.	Cell: 603-838-2266 603-728-5053	Rate is \$2/mile. Sliding scale and contract/ rates available
Trilogy Wheelchair Transport, LLC	NH	Medical transport service company providing local medical transportation in NH.	Claude Bissonnette 603-656-9715	Fees vary by service



COORDINATION: FAST FACTS

WHAT DOES COORDINATION LOOK LIKE IN

NEW HAMPSHIRE?

The State Coordinating Council for Community Transportation (SCC) is leading a coordination effort in New Hampshire to reduce duplication, increase the availability of transportation services, and make scarce resources go further as the need for transportation increases with an aging and growing population. New Hampshire has a two-level strategy: a state-level coordinating council (the SCC) and ten regional

coordinating councils (RCCs). The SCC is responsible for developing policy, funding, and other strategies that foster coordination, while RCCs are responsible for implementing coordinated transportation programs, advising community transportation service providers, and providing feedback to the SCC. In Sullivan County the RCC has designated Community Alliance of Human Services Transportation to lead the coordination efforts for the region.

WHY NOW?

In 20 years, New Hampshire will have 130% more residents aged 65 and older than today according to the NH Office of Energy and Planning (NHOEP). Many residents of all ages are disabled and/or have limited incomes. As our population ages and becomes less mobile, the number of people dependent upon community transportation services is increasing.

In addition, many people with

- disabilities and limited incomes are unable to access employment if they live in areas not served by transit. Seniors who do not drive are significantly less active in their communities and take:
 - 15% fewer trips to the doctor
 - 59% fewer trips for shopping or other activities
 - 65% fewer trips for social activities. -Source: NHOEP

WHAT ARE THE BENEFITS?

- The coordination of community transportation is an important and proven way to cost-effectively improve mobility and access.
 - Successful programs could generate combined economic savings of about \$700 million per year to human service and transit agencies nation-wide (Transit Cooperative Research Report 91).



COORDINATION: FAST FACTS

- Removing barriers to coordination improves efficiency by allowing agencies to share trips.
- This would help to make services available to more people and expand services to new areas and destinations, new service days and hours, and/or new trip purposes.
- Enhancing mobility and quality of life for people also provides economic benefits to their communities; plus, reducing total vehicle trips enhances air quality and makes other positive environmental contributions.
- Supporting coordinated community transportation networks that serve all citizens is the focus of the SCC. Thousands of hours have been invested moving towards a

coordinated system and expanding mobility options on the local, regional, and statewide levels.

Community transportation expands opportunities and transportation choices.

- The mobility created by community transportation provides opportunities for people from all walks of life.
- Community transportation provides access to job opportunities for millions of Americans.
- Eighty-three percent of older Americans say public transit provides easy access to the things they need in everyday life.
- Public transportation is a vital link for the more than 51 million Americans with disabilities.

Community transportation results in cost saving and benefits for families and businesses.

- An average \$9,000 can be saved annually by taking public and community transportation instead of driving or by living with one less car.
- For every \$1 invested in public and community transportation, \$4 is generated in economic returns.

-Source: APTA's Telling Our Story Toolkit and Mobility Management Resources

Community transportation is the responsible transportation choice.

- Greenhouse gases from transportation represent 28% of US emissions.
- Community transportation offers an alternative for individuals to reduce their energy use.

For More Information, visit www.nht.gov/dot/programs/sco/ or